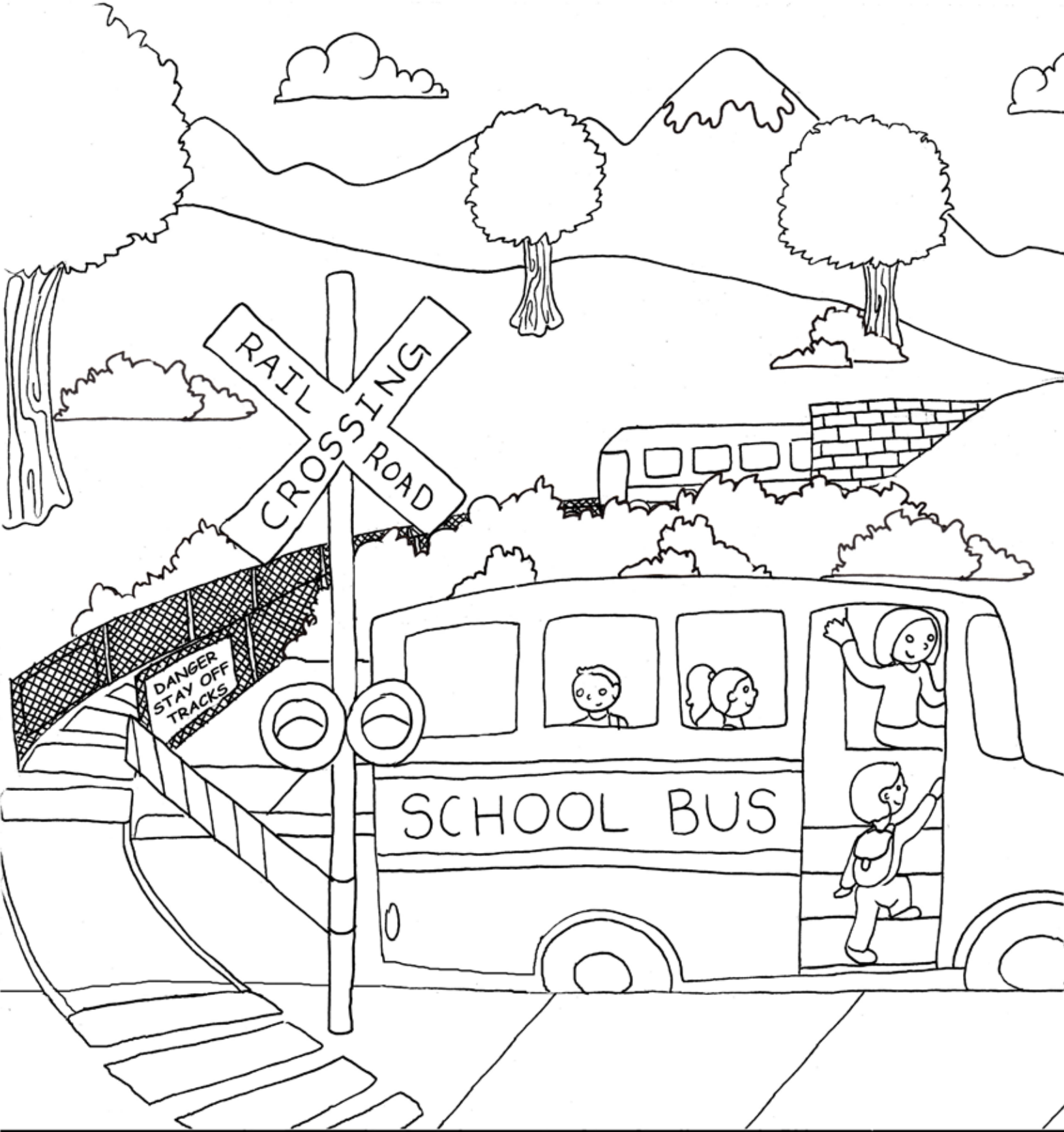


# I KNOW SAFETY

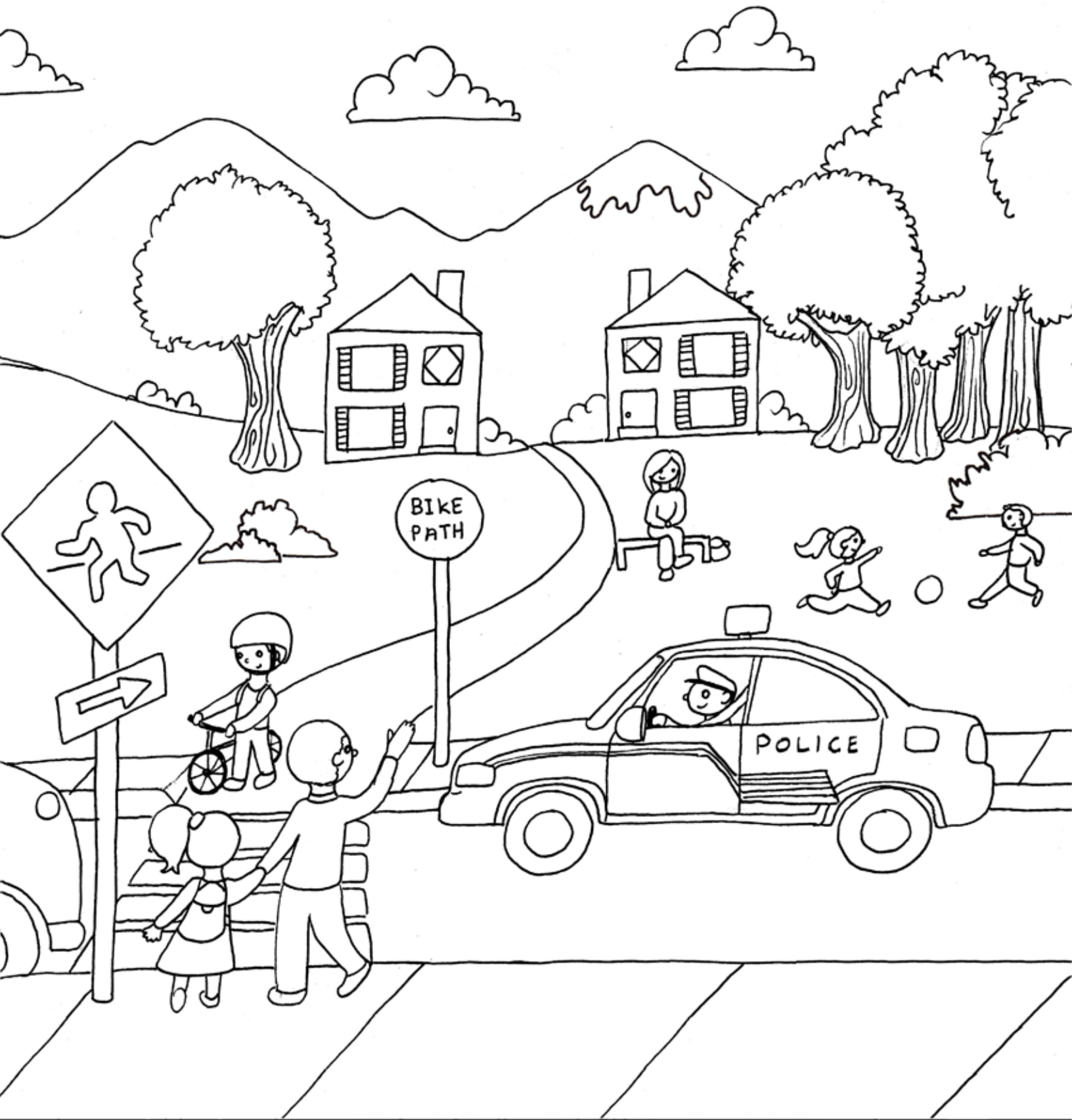
*Learn the rules to stay safe at home and in your neighbourhood*





***Why is it important to know  
what is going on around you?***

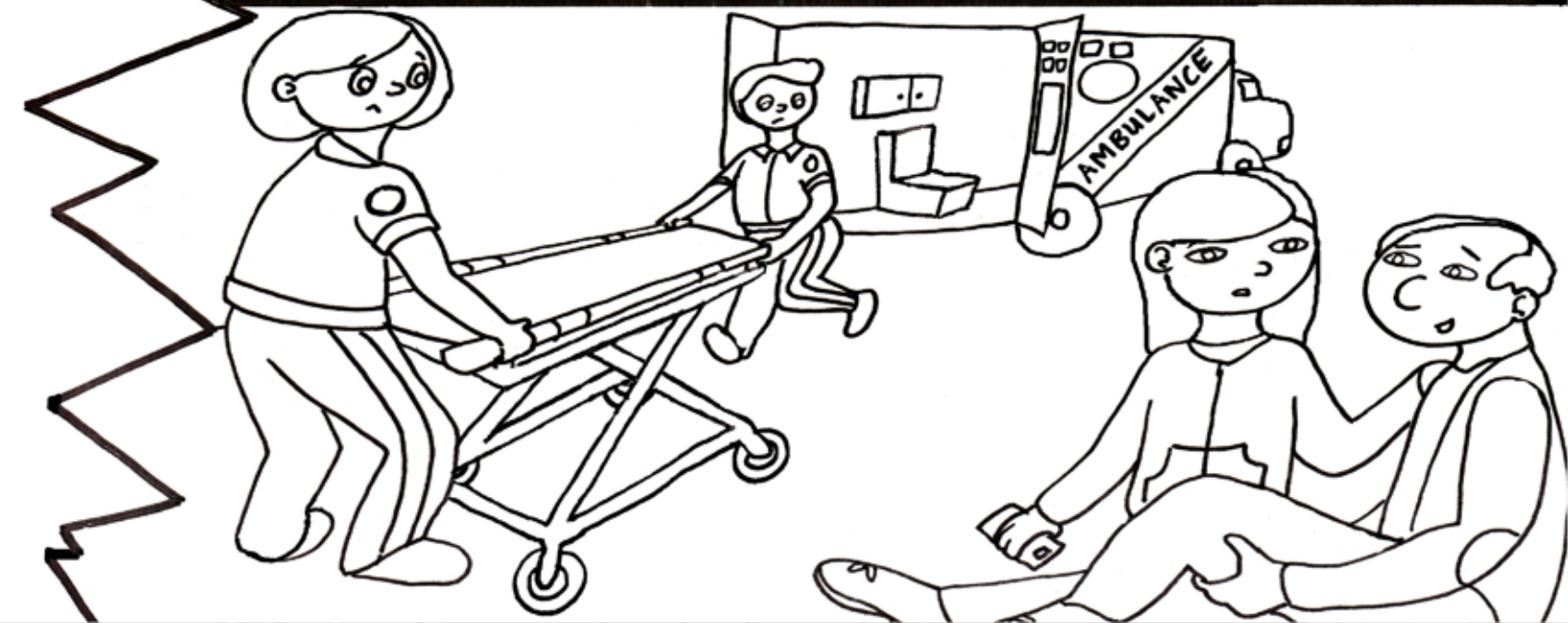




Being aware of the vehicles and activities around me can help keep me safe. I always follow the safety rules when I am boarding a bus, crossing the street or railroad track, bike riding and playing.



***Who can you call in case of an emergency?***

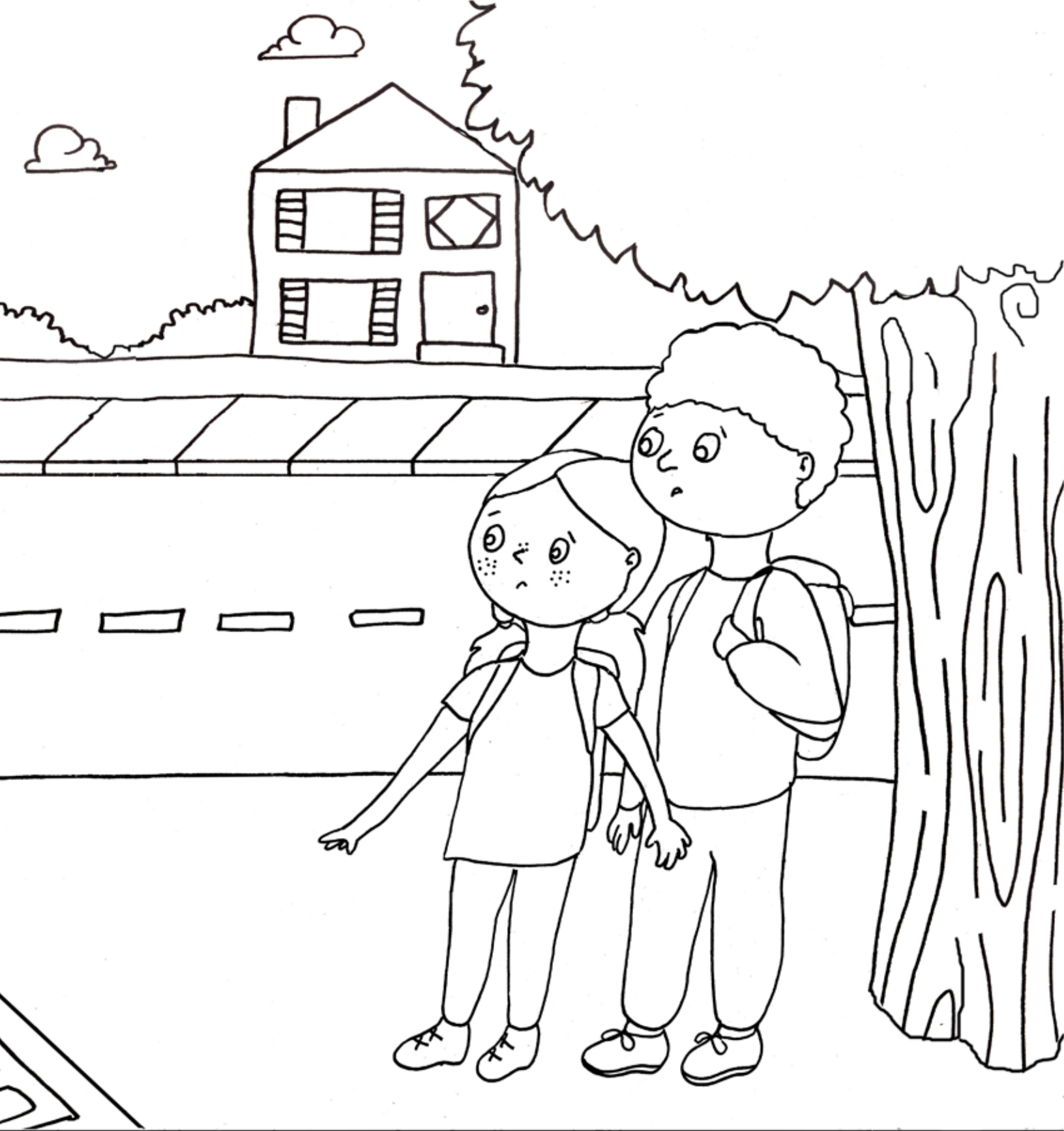


Police officers, firefighters and paramedics are my friends. They are in uniform. I know to call 9-1-1 right away if there is an emergency or I need help.

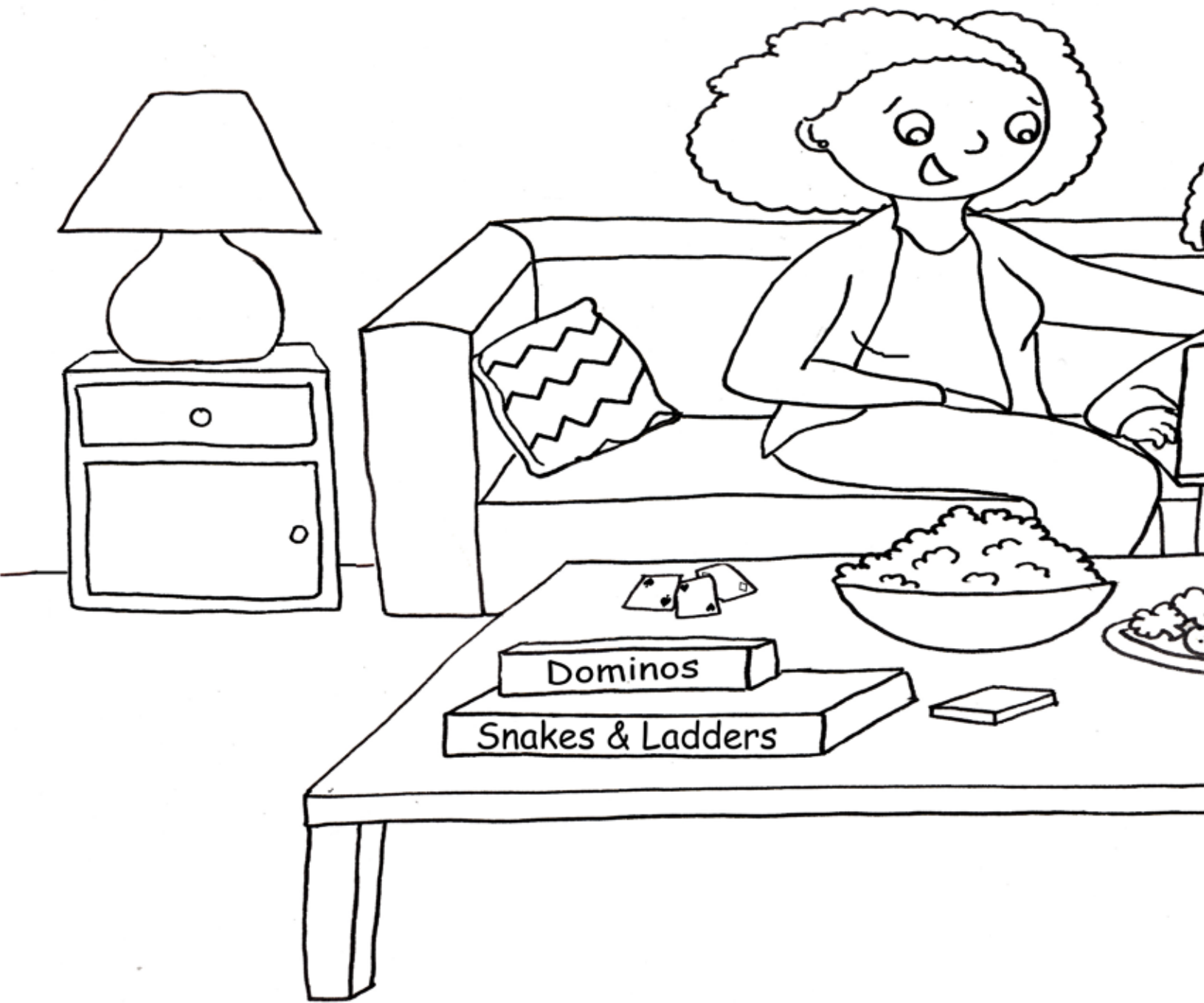




***What should you do if you are approached by someone you do not know?***

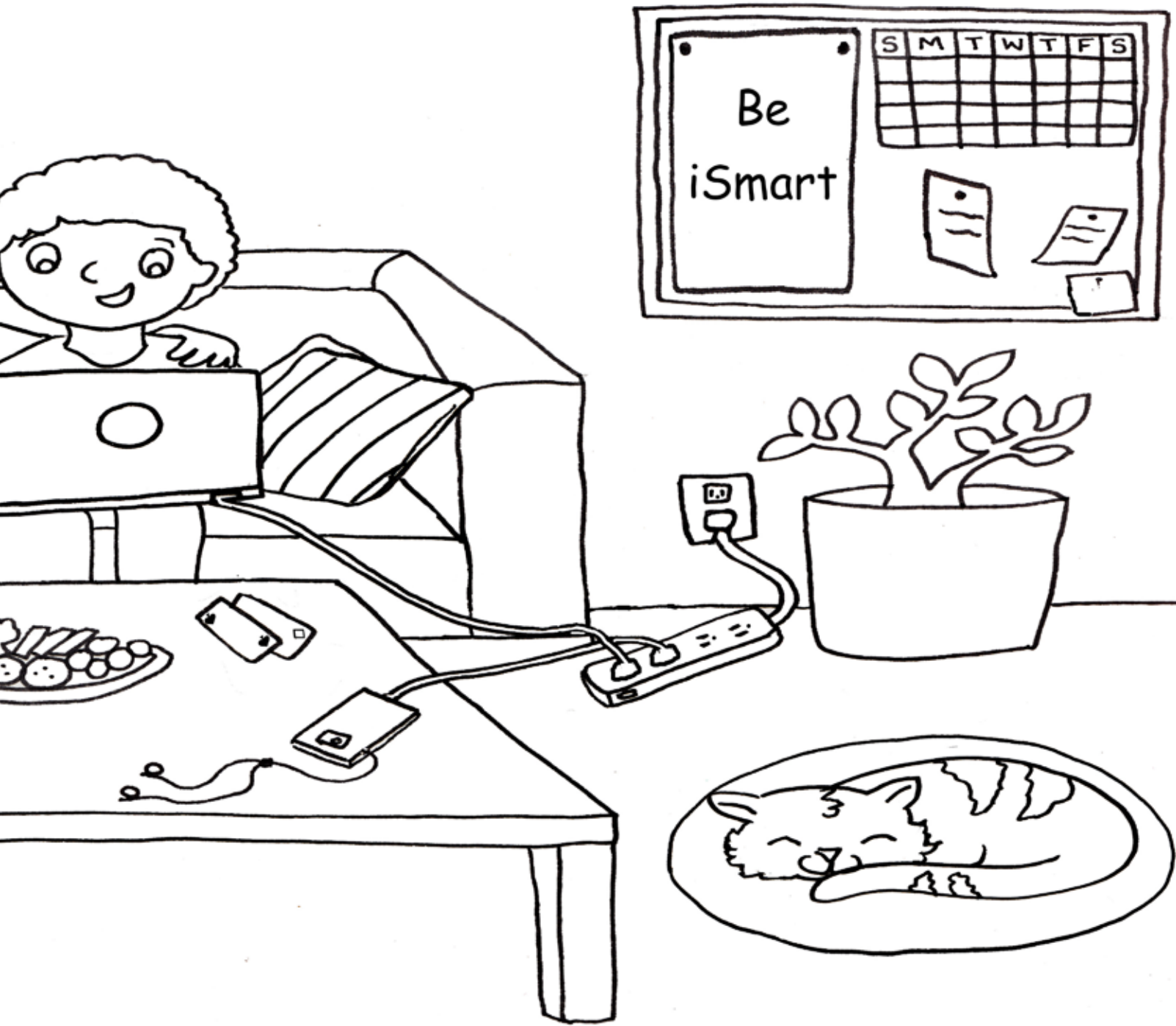


Most people are nice and helpful. To stay safe, I make sure I am never alone with a stranger. If a stranger approaches me or uses tricks to get me alone, I keep a safe distance. If a stranger follows me or tries to grab me, I scream "NO!" or "HELP!" as loud as I can. I run away and tell an adult I trust right away.

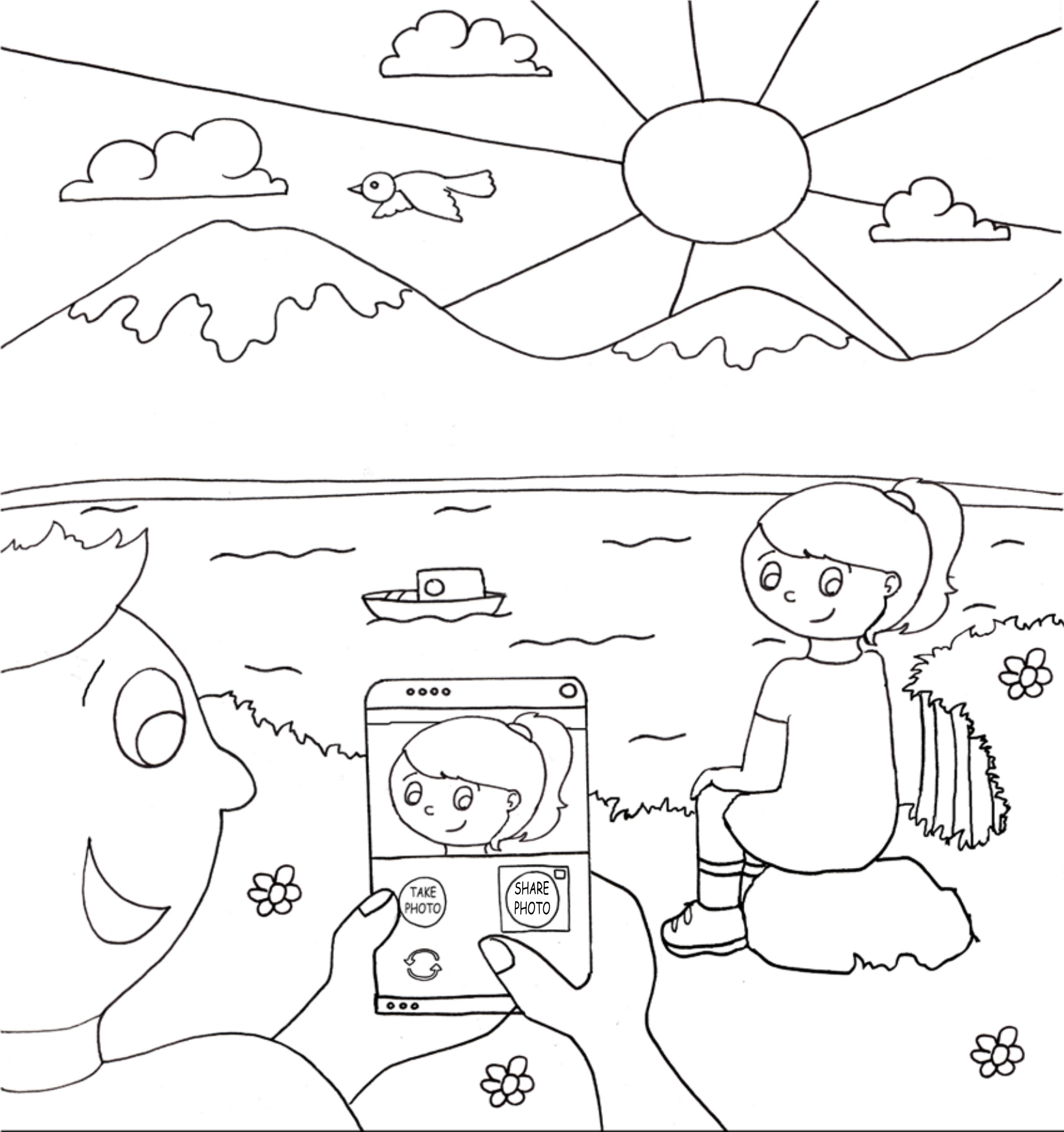


***What can you do to stay safe online?***





I always use devices like a tablet or phone with a parent or caregiver around. If I see something negative, violent or inappropriate, I tell my parent or caregiver. I do not share any personal information about myself or my family online.



My image belongs to me. People need my permission to take my picture. Pictures shared online live forever, and can be used inappropriately. If an adult or friend asks to take my picture and I do not want to, I know I can say "No thanks". I can also ask them not to share my picture online.

Safety education can begin early. This short booklet aimed at children 5 to 8 years old (Kindergarten to Grade 3) makes it easy for them to learn the key rules to stay safe in their homes and out in their communities.

With simple messaging and engaging images to colour, parents and caregivers can use the illustrations to spark discussions about safety. Read the messages together to teach your child about outdoor safety, what to do if there is an emergency, how to react if he/she is approached by a stranger, and how to stay safe online.

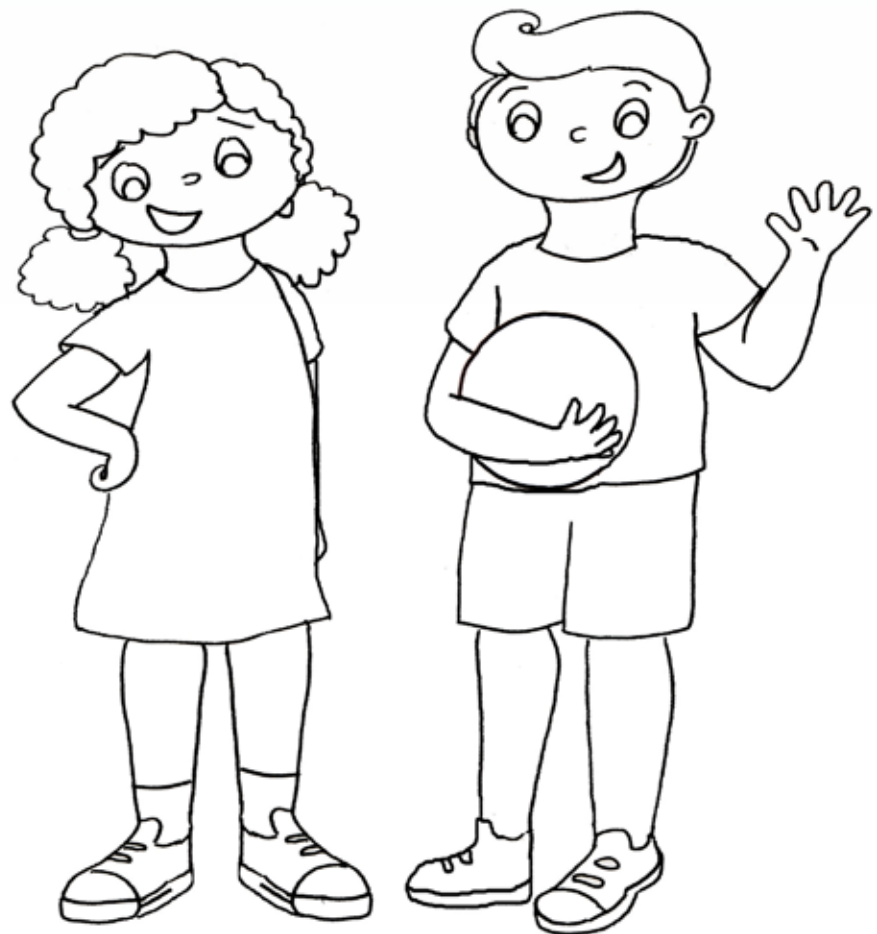
For more information please contact:

RCMP in BC "E" Division  
Phone: (778) 290-4005  
Website: [www.bc.rcmp-grc.gc.ca](http://www.bc.rcmp-grc.gc.ca)

*I Know Safety* written by: Madelen Ortega  
Designed by: A Hot Design

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